



December 2024





# Seasons Greetings from the Kelowna General Hospital Physicians Society

A Message from Dr. Deema Jassi, President Medical Staff Association / KGH Physicians Society

As the holiday season approaches, I want to take a moment to reflect on the incredible work we've accomplished together this year. The KGH Physicians Society continues to be a meaningful voice for our physicians, encouraging your projects and advocating for your needs at both the executive and regional levels. We continue to prioritize our Medical Staff lounge, develop wellness initiatives and strategies, and provide continuing medical education (CME) opportunities—efforts that support not just your professional growth, but your personal well-being as well.

This time of year is a perfect opportunity to acknowledge and celebrate the dedication and resilience that each of you demonstrates, day in and day out, in the service of our patients and community. The holidays bring a chance for all of us to pause, reflect, and recharge. I hope that the magic of the season can shine some light on our many successes, while also creating space for us to tackle the challenges ahead.

As we look toward the coming year, I encourage everyone to engage with the Physician Society in new and exciting ways. We're thrilled about upcoming events like Pink Shirt Day, our medical staff bowling event on February 26, and many others that foster camaraderie, fun, and important connections within our community.

Please remember that the Physicians Society is here to represent and support you. Whether you have ideas, concerns, or simply want to connect, don't hesitate to reach out. We are stronger when we work together, and your voice matters in shaping the future of our medical staff community.

On behalf of the entire KGH Physicians Society, I want to wish each of you, and your loved ones, a safe, joyful, and healthy holiday season. Thank you for your unwavering commitment, and for all that you do. I look forward to all we will continue to achieve together in the coming year.











### **Meet the KGHPS Board of Directors**

Dr. Deema Jassi, President Dr. Neil Long, Vice-President Dr. Joey Podavin, Past President Dr. Helen Bibby, Secretary-Treasurer Dr. Gary Yang Member-at-Large

All Board Members are also members of the Working Group

## 2024/25 Working Group Members

Dr. Sarah Sunderland, Chair, Working Group, Department of Anesthesiology Dr. Gary Yang, Co-Chair, Working Group, Department of Surgery

Dr. Helen Bibby, Laboratory Medicine

Dr. Amber Burridge, Department of Obstetrics & Gynecology

Dr. I. Ephtimios, Department of Medicine

Dr. D. Goldie, Department of Anesthesiology

Dr. D. Jassi, Department of Hospitalist Services

Dr. N. Long, Department of Emergency Medicine

Dr. M. Lum, Department of Hospitalist Services

Dr. J. Mackenzie-Feder, Department of Critical Care

Dr. Joey Podavin, Department of Hospitalist Department

Dr. Marci Smit, Department of Palliative Care

Dr. Tara Stratton, Department of Emergency Medicine

Dr. G. Watson, Department of Medical Imaging

Dr. Kathy Xie, Residents

#### **Staff**

Zeno Cescon, Director, Facility Engagement

Susan Cyr, Administrative Assistant / Project Lead

Jordelle Dupré Engagement Partner, Doctors of BC Liaison

### **ANNUAL GENERAL MEETING: MONDAY, OCTOBER 21ST**



# Guest Speaker, Dr. Ahmer Kharimuddin, President Doctors of BC

Dr. Kharimuddin addressed his main areas of focus during his tenure which will be advocating for a collaborative health care system in which hospital-based doctors feel they are listened to and respected, and primary care is finally stabilized. He also intends to amplify the voices of doctors around the province, and to strongly advocate for patients, the profession, and a renewed culture of compassionate leadership in health care.

#### **Emergency Department Consultant of the Year**

Dr. Jennifer Locke was the successful candidate and was presented with this year's Dr. Graeme McCauley Award at the AGM.











KGH MSA Logo Design Contest Winner, Dr. Marci Smit

The new logo was introduced at the AGM. Kudos to Dr. Smit for her winning entry!

# Civility Regional Tour with Dr. Chris Turner: November 15th and 16th





This two-day conference, attended by KGH Medical Staff, showcased Dr. Chris Turner's presentation titled "Civility Saves Lives." The event promoted the importance of civility, respect, and compassion within the workplace.



### "BRUNCH WITH SANTA"

Santa made his appearance again this year at the Kelowna Medical Society's Annual December 1st at Mission Hall.



# KGH PHYSICIANS SOCIETY'S USED CLOTHING DRIVE, DECEMBER 11TH

Generous staff cleaned out their closets to donate clothing to the KGH Foundation's Rutland Thrift Store. As a thankyou, physicians & staff were presented with a gift card for a beverage and snack from The Perking Lot.





Zeno Cescon, Director, Facility Engagement Dr. Cara Wall, KGH Chief of Staff Dr. Neil Long, KGH ED Physician



# Friday, January 24th "WELLNESS MATTERS"

All medical professionals are invited to this gender-inclusive event KGH CLINICAL ACADEMIC CAMPUS 11:00 AM - 5:30 PM LUNCH PROVIDED

Guest Speakers \* Yoga and Fitness Classes \* Stylist \* Headshots \* "Pop-Up" Shopping Experience

Wednesday, February 26th

"PINK SHIRT DAY" MEDICAL STAFF BOWLING EVENT
All medical staff & their family are invited to this free event.

CAPRI BOWLING LANES 5:00PM - 7:00PM

REFRESHMENTS PROVIDED



The KGH Physicians Society wishes you and your family...









## PROGRAMS & "A REMINDER"

#### "KUDOS" A KGH COLLEAGUE



If you would like to recognize a member of the medical staff with "kudos", please forward your kind message to <u>WellnessatKGH@qmail.com</u>.

Your message will be added on the monitor and the recognized colleague will be eligible for free coffee.



A new <u>knowledge sharing website</u> for MSAs, physicians, and health authority partners brings together engagement experiences from across BC. Search for strategies and ideas to adapt and support your engagement work. Contribute your good work to the knowledge collection!



Physician Quality Improvement Courses
For questions or more information, please email PQI@InteriorHealth.ca.

Physician Leadership Training (Supports Physicians in the Development of their Leadership and Quality Improvement Skills): Maximum funding of up to \$10,000 per physician is available each fiscal year (April 1 to March 31) to cover actual tuition fees, accommodation and travel costs. For more information, <u>click or tap here.</u> Questions? Email <u>JCCtraining@doctorsofbc.ca</u> or call 1.604.638.5843.

Level 1: Intro to QI: On-Line Learning: Institute for Healthcare Improvement (IHI) Open School: Upon emailed request, IH PQI will provide a license code and instructions to access full IHI Open School course catalogue. We provide up to 6 hours of sessional funding upon the completion of six recommended introductory CME accredited QI courses.

Level 2: Intro to QI Workshops: Education sessions facilitated by PQI Consultants provide an opportunity for participants to work with their peers, applying QI tools to improvement ideas brought forward by the group. The learning outlines the first steps in developing a project idea into a project plan. PQI staff provide coaching and support during the CME accredited workshops. To register, click or tap here.

Level 3: IH PQI Advanced Learning Cohort: This option provides participants more in-depth CME accredited QI education through scheduled sessions (in-person and virtual). You will learn key principles and techniques related toe QI leadership, stakeholder engagement and supporting change. Each participant is allocated sessional hours to support both the time spent at the learning sessions and their independent project work. Cohort participants are supported by a PQI Consultant in their area, the PQI team, and IH technical staff.



We All Deserve Respect: Doctors of BC, the College of Physicians and Surgeons of British Columbia, the Physician Health Program, and the Canadian Medical Protective Association are united in their concern for the safety of BC doctors and their staff, especially during the currently tense environment caused by the pandemic. In an effort to support doctors and remind BC patients that we all deserve respect, the group partnered in order to create a downloadable sign for doctors to display in their offices. The sign's purpose is to remind patients that verbally abusive or aggressive behaviour is not acceptable and that anyone demonstrating this behaviour may be asked to leave.

#### We Are Asking for Your Feedback!

We want to be sure we are providing up-to-date and pertinent information for our members. Please provide your input into our website content (<a href="www.KelownaPhysiciansSociety.ca">www.KelownaPhysiciansSociety.ca</a>) or our quarterly newsletters. Do you have an article you'd like to highlight or a story you'd like to share? Please email us at <a href="mailto:Admin@KelownaPhysiciansSociety.ca">Admin@KelownaPhysiciansSociety.ca</a>
Thank you for your ongoing support!

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Welcome to the Kelowna General Hospital Physicians Society. We will be providing relevant and engaging content on a regular basis.

www.KelownaPhysiciansSociety.ca

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