

Improving Surgical Optimization and Pre-Surgical Education for Orthopedic Patients

Physician Lead: *Drs. Lane Dielwart and Ashlee Dobbe*

Goals

- Create surgeon-led, surgeon-created validated content for patient education.
- Focus on pre-habilitation, pre-operative education, and pre-operative optimization.

Outcomes

- Empower patient-centered care and education.
- Improved time to discharge.
- Improved post-operative recovery.

Budget approved: \$20,000