

Spring Newsletter
March 2021

Issue 16



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Message from Dr. Nevin De Korompay, President Medical Staff Association / KGH Physicians Society Board of Directors

Happy Spring from the Kelowna General Hospital Physicians Society. The days are growing longer and optimism, it seems, is growing larger with each Bonnie Henry press conference and each round of vaccinations. The pandemic has certainly reinforced what a privilege it is to be able to care for those in our community, but this month we remember that medical practice is a

privilege that for many has been denied.

The first woman to practice medicine in Canada, Emily Stowe, applied to the University of Toronto School of Medicine in the 1860's and was summarily told "The doors of the university are not open to women and I trust they never will be." 150 years later, my class at the University of Toronto was 60% female. Still, diversity and inclusivity are not simply a numbers game.

In this vein, we at the KGHPS would like to use this newsletter to recognize the inaugural Canadian Women Physicians Day on March 11. We have included profiles of some of our local female physicians who have also experienced many "firsts". Acknowledging that we all have our own personal journey within the field of medicine, this day is an opportunity to support and celebrate those who bring unique perspectives into our community and evolve the role of physicians within it.

As far as we may have come in removing the overt barriers in place for women, as well as other groups outside the hegemony, there remains a great deal of work, advocacy, and support to remove the more subtle barriers that would inhibit those who to wish to simply care for their fellow human beings. Although pandemics may come and go, improving inclusivity in healthcare will remain an ongoing challenge.

Nevin

Meet our Board of Directors

Dr. Nevin De Korompay, President

Dr. Maurice Blitz, Vice President

Dr. Jeremy Harris, Past President

Dr. Joey Podavin, Secretary/Treasurer

Dr. Karen Meathrel, Member-at-Large (all are Members of the KGHPS Working Group)



Working Group Members

Dr. S. Sunderland, Chair, KGHPS Working Group, Department of Anesthesiology

Dr. M. Blitz, Department of Surgery

Dr. N. De Korompay, Department of Medical Imaging

Dr. M. Duncan, Department of Pediatrics

Dr. D. Goldie, Department of Anesthesiology

Dr. A. Hadzic, Department of Laboratory Medicine

Dr. J. Harris, Department of Surgery

Dr. M. Hickman, Department of Hospitalist Services

Dr. A. Kwan, Department of Emergency Medicine

Dr. J. Mace, Department of Family Practice

Dr. D. Manders, Department of Medical Imaging

Dr. S. McGregor, Department of OB/GYN

Dr. K. Meathrel, Department of OB/GYN

Dr. K. Nikkel, Resident

Dr. D. Patton, Department of Cardiac Sciences

Dr. D. Plausinis, Department of Surgery

Dr. J. Podavin, Department of Hospitalist Services

Dr. J. Pritchard, Department of Medicine

Dr. C. Wall, Vice-Chair, KGHPS Working Group, Department of Hospitalist Services

Staff:

Zeno Cescon, Director, Facility Engagement Helga Wendt, Admin. Asst./Project Lead Jillian Wong, Doctors of BC Engagement Partner







Canadian Women In Medicine (CWIM) First Ever Canadian Women Physicians Day -March 11, 2021

Please join us in celebrating the first ever Canadian Women Physicians Day on March 11, 2021. As noted on the CWIM website (canadianwim.ca), the day will remember the trailblazing women who paved the way and the challenges that

they overcame. We celebrate women physicians who are making a difference today, like Dr. Nel Wieman, Canada's first female Indigenous psychiatrist; Dr. Jane Philpott, the first Canadian doctor to be appointed federal Minister of Health; Dr. Bonnie Henry, the first female Provincial Health Officer for British Columbia, and every woman in medicine who inspires us with their ongoing achievements, their unwavering commitment to their patients and their advocacy. Emily Stowe, MD, inspired many to follow in her footsteps. For the full article, click or tap here.

Emily Stowe MD

Women in Medicine

Born: May 1, 1831 (Norwich Township, Ontario)

Died: April 29, 1903

Education: New York Medical College for Women (1867)



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Dr. Emily Stowe ranks as a true pioneer. She is the first female public school principal in Ontario, the first female physician to practise medicine in Canada and a lifelong champion of women's rights who helped to found the Canadian Women's Suffrage Association. In 1865, although opportunities for women to study medicine in Canada were limited. Emily Stowe applied to the Toronto School of Medicine. She was denied entry. Unable to study in Canada, she moved to the United States and enrolled at the New York Medical College for Women, a homeopathic institution. She obtained her degree in 1867 and returned to Canada, setting up practice on Richmond Street in Toronto.

Check out the articles below highlighting some of the many outstanding women physicians working at KGH.

Recognizing KGH Women Physicians

Welcome to the fourth edition of Physician Recognition articles. In this section, in PERSON YOU ARE honour of the first ever Canadian Women Physicians Day, we are pleased to highlight some of the many outstanding women physicians at KGH. If you know of any physicians whom you feel should be recognized, please do let us know by emailing KGHPhysiciansSociety@gmail.com.

Dr. Brooke Cairns (pictured left) was born and raised in Kelowna before traveling back and forth across the country for her post-graduate and medical education. She completed her Radiology residency in Kingston, ON and then finished a fellowship in Interventional Radiology in Toronto. After that, she felt lucky to be able to return to Kelowna and join a great group of radiologists. She worked on building and expanding IR programs in areas within women's health, dialysis access care, embolizations for trauma and GI bleeding, catheter-directed therapy for pulmonary embolism, and the spectrum of interventional oncology, for example. The IR service has continued to evolve steadily along with our

growing hospital, with the most significant recent change occurring in acute stroke care with the addition of endovascular thrombectomy procedures. When she is not at work, Brooke is usually spending time with her young family and taking in the Okanagan's seasons while skiing, hiking, biking, and enjoying the lake.



Dr. Cara Wall's training encompassed MD and a Rural Family Medicine Residency from the University of Saskatchewan. Her areas of practice are Hospitalist, Medical consults at the Diabetes Clinic, and Surgical Assistant. Dr. Wall notes that her inspiration was her Grams who did so much with so little and saw the bright side through it all. The KGH Physicians Society considers itself fortunate to have had Dr. Wall as a previous member of the KGHPS/MSA Board of Directors and KGHPS Working Group where she currently serves as Vice-Chair. In addition, Dr. Wall, along with Dr. Sarah Brears, are co-Project Leads for the Facility Engagement initiative which is exploring the issues faced by her female colleagues and will work towards solutions to the identified themes.



Dr. Sarah Brears, Regional Associate Dean, Interior, UBC Faculty of Medicine, trained at the University of Alberta with a FP residency at Memorial. Her extended practice included FP with maternity care until taking on a bigger role in medical education with SMP this year. Dr. Brears let us know that her heroes are her tribe of girl friends from med school. She loves doing life and medicine with them even though they live apart. Dr. Brears has also taken on the additional role of working with Dr. Wall (above) on the Facility Engagement initiative of the Women in Medicine Working Group.

Dr. Sarah Sunderland, an Anesthesiologist at KGH, also has interests in pediatrics, quality improvement and human factors. She achieved her BSc at the University of BC and then attended Western University in London, ON where she took her medical training. Dr. Sunderland's residency was back at UBC. She notes that Dr. Sasha Shillcut, cardiac anesthesiologist and founder of 'Brave Enough' was a physician who inspired her. In addition to her duties as an anesthesiologist, Dr. Sunderland has found the time to participate on the KGHPS Board of Directors and this year is the Chair for the KGHPS

Working Group. Dr. Sunderland has also taken on various Facility Engagement initiatives such as updating the Department's procedures and guideline references, working with many of her colleagues on COVID-19 planning for both Phase 1 and 2, improving preparation for pediatric surgery (resulting in a video which can be viewed by parents and their children prior to surgery - click or tap here to view), and improving sustainability in the OR with a view to limiting unnecessary waste, reducing greenhouse gases and minimizing pollution and reducing redundant use of resources.

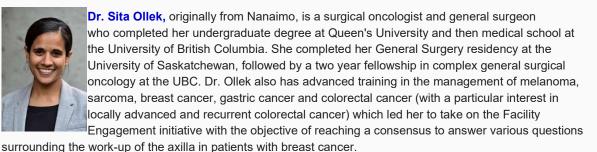
Dr. Jade Dittaro is Co Site Director of the Kelowna Rural and Regional Family Practice Programs and has been in Kelowna nearly 9 years. She is a former graduate of the program and takes pride in not only experiencing the program from many angles, but Kelowna General Hospital as well. As a hospitalist at KGH, Jade has the pleasure of working alongside many former preceptors and these very physicians sold her on living permanently in Kelowna, and working at KGH, during week one of residency. Her first residency rotation was as a hospitalist and not only did she soon make lasting friendships,

she was immediately convinced to buy her first road bike as well (which she still rides to work when she can).

Jade has had a wide scope in her relatively short career including rural family and emergency medicine, locuming for many of our incredible local family physicians, teaching for the UBC Southern Medical Program, as a board member of the Central Okanagan Divisions of Family Practice and is now very busy as one of the MAiD providers.

Her path has also veered recently to one of preventative and lifestyle medicine as a consultant available to the entire province via telehealth through Aroga Lifestyle Medicine based out of Victoria. She is a diplomat of the American Board of Lifestyle Medicine and provides evidence based recommendations in an approachable and coaching-type role for patients with chronic disease with a focus on obesity. The plan is to open a multidisciplinary lifestyle medicine clinic in the Okanagan in the near future so stay tuned. Jade's passion is to simply inspire others to live their best lives. And what is HER inspiration? Her 3 year old daughter Siena.

Dr. Marianne Morgan, Department Head for Family Practice, was trained at UBC and Dalhousie University. Her special interests are obstetrics, palliative care and interdisciplinary teams. To that end, Dr. Morgan has undertaken a Facility Engagement project to create a plan to care for substance-using pregnant women and their babies antenatal to postnatal She notes that her greatest inspiration was her great aunt Mildred, whose spoon collection hangs beside Dr. Morgan's desk.



Dr. Ollek notes that she has been very fortunate to have had amazing women surgical mentors throughout all stages of her training, all of whom continue to inspire and guide her today.



Dr. Paula Espino undertook her graduate studies at the University of Manitoba, with a residency in Obstetrics & Gynecology at the University of British Columbia. Her extended practice includes high risk obstetrics and consultative gynecology. Dr. Espino notes, "I am passionate about women's health, but aren't we all?" She continues, "My mother was my greatest inspiration - she has sacrificed a lot as a new immigrant to Canada in the early 1990's with two young daughters in tow and without the support of her husband and family in a new country. Strong, motivated, passionate and driven - a woman who wanted the best for her children and worked to provide for us despite all odds to succeed!"



Dr. Leslie Lappalainen, Medical Lead for Addiction Medicine, Mental Health and Substance Use (MHSU) at Interior Health Authority, completed medical school at McMaster University followed by a family medicine residency at the University of Ottawa. Following that, Dr. Lappalainen undertook enhanced skills training in addiction medicine through the University of British Columbia (Vancouver). Dr. Lappalainen recognized Dr. Christy Sutherland, a family physician and addictions medicine specialist in Vancouver, whose compassion and advocacy for patients inspired and motivated Dr. Lappalainen to try to build a better system of addiction care for her patients.



Dr. Heather White, a full time EM and Trauma Team Leader, took her FRCPC Emergency Training from Queen's University. She co-founded the Canadian Association of Wilderness Medicine in 2020 to help connect Canadian practitioners and research with an interest in Wilderness Medicine and promote the field as an area of focus and specialization. Dr. White notes her mentor was Dr. Louise Rang, an EM physician at Queen's, who was an all around amazing physician, leader, mother and friend!



Dr. Amber Burridge, Department Head, Obstetrics and Gynecology, attended med school and took her residency at the University of Calgary. Dr. Burridge states "My mom has always supported and inspired me, by teaching me to stand up for myself and what I believe in. Even when doing so has gotten me into trouble, her response is always a very proud 'That's my girl!". Dr. Burridge also notes that she wishes she could have had lunch with RGB!



Dr. Ewelina Zaremba works as an addiction consultant at KGH. She completed her training at Jagiellonian University in Krakow, Poland and took her Family Medicine residency at Dalhousie University in Halifax. Dr. Zaremba has previously practiced rural family medicine in Nova Scotia with special interest in mental health and addictions. Dr. Zaremba credits Dr. Leslie Lappalainen and Megan Hill as amazing supporters since starting her new role at KGH - and hopes to be able to have an in-person lunch with them soon!



Dr. Rochelle Jalbert, working as a hematologist with a special interest in maternal hematology and thrombosis, took her medical training and her Internal Medicine Residency in Saskatoon, SK. Dr. Jalbert then completed her hematology fellowship in London, ON. Her major inspiration, Dr. Jalbert notes, is "my mother - one of the most loving and self-giving people, always encouraging me to do what I love".

Si C C rig st

Dr. Unita Chetty is an Adult Psychiatrist working at both KGH and the Mental Health and Substance Unit in Kelowna. In addition, she works with young adults at the Foundry. Dr. Chetty was trained at the University of Cape Town which is in the beautiful city of Cape Town in South Africa. Dr. Chetty has indicated she is inspired by the rock stars of women's rights like RBG (Ruth Bader Ginsburg) as she is by all of the hardworking and wise women she meets in her daily life who strive to overcome adversity and the challenges they face.

3N Staff Lounge and Pumping Space

Are you a new Mom and breastfeeding your baby? KGH has a lounge and private pumping space for your use. The entry is beside the desk for 3W and your Chubb pass card will be needed to gain entry. This was the old NICU space.





It's Tax Time - Do you Need Your Sessional Fees for Your 2020 Return?

If you need the amount of sessional fees that you were paid in 2020 for your work on various Facility Engagement projects, please email us

at KGHPhysiciansSociety@gmail.com. We'll pull that report for you from FEMS.

March 2nd Physician and Staff Appreciation Coffee Day was a hit!

The KGH Physicians Society wanted to thank all those who help KGH care for the community so, on March 2nd, the KGHPS distributed Thank You cards to all physicians and staff. The cards were redeemed that day at the Perking Lot for a complimentary beverage and

snack.

Appreciation is also extended to Nancy Wells, Amanda Walker and

all of the volunteers at The Perking Lot for helping to make this such a successful day. We could not have done it without you!

Stay tuned for the next Appreciation Day later this year.



Physicians and staff lining up at the Perking Lot for their complimentary beverage and snack.



DocTalks: A Doctors of BC Podcast - Burnout and COVID-

In this episode of DocTalks, psychiatrist Dr. Jennifer Russel and family doctor Dr. Lawrence Yang share their perspectives about how burnout affects doctors, how to recognize it, and what steps to take to minimize the impact.

From personal coping strategies, to implementing leadership and QI methodology, and advocating for system-wide enhancements, our guests share what methods they've adopted – both in their personal and professional lives – to stay well, and

discusses supports available to doctors that can really made a difference.

Burnout impacts all of us, and Drs. Russel and Yang discuss some universal truths about burnout that can be applied to everyone in every walk of life.

DocTalks is available on any podcasting platform, and the Doctors of BC website. Listen online - <u>click or tap</u> <u>here</u> for the link.



Call for Applications......

There's a new opportunity for a Physician to lead the new SSC - Spread initiative. Please <u>click or tap here</u> for more information. To learn more about the SSC, please visit https://sscbc.ca/. Please email your CV to ahundal@doctorsofbc.ca by 4pm on March 12, 2021.



Are You Planning to Retire.....Or Do You Know Someone Who Is?

If so, the KGH Physicians Society would like to recognize your at this September's Annual General Meeting. As well, if you've been to the Medical Staff Lounge by the Medical Records Department, you will have seen the Wall of Fame entitled 1,000 Years of Caring highlighting some of your colleagues. We'd love to add a third panel and include your photo. Let us know by emailing us

at KGHPhysiciansSociety@gmail.com.



Resources for Difficult Times

When you have anxiety or are under stress, it isn't always easy to figure out where to start or what to do in order to feel better. And it can be even more difficult to reach out to friends or family for support due to the stigma that sometimes surrounds mental health. But it's important to keep in mind there

are lots of ways to treat anxiety, as well as plenty of folks who are willing to help.

Perhaps some of these will assist (see below) or visit our website's home page (www.KelownaPhysiciansSociety.ca) and look for the sign post (pictured above) for all of the easy-to-access links.

Physician Health Program (physicianhealth.com) is an independent service funded by Doctors of BC and the Ministry of Health. Their service supports all BC physicians. Please check out the website or call the 24-hour helpline at 1-800-663-6729.



Canadian Psychological Association (cpa.ca) provides free psychology sessions for health care workers. The online list of volunteer psychologists in BC will help you choose a professional in your area.

Canadian Medical Association (cma.ca). Check out the Physician Wellness Hub for a list of resources for wellness and virtual peer support groups.

Canadian Medical Protective Association (cmpa-acpm.ca). This website provides a link to physician wellness amid uncertainty.

Online Programs:

Moodgym.com.au - online evidence- based CBT course.

Starlingminds.com - digital mental health therapy program.

Apps:

Headspace - a guided sleep, movement and meditation app.

MindShift CBT - free tool to manage anxiety

Breathe2relax - practice breathing exercises for stress management

Calm or Aura - for meditation and mindfulness

Webinars:

Joulecma.ca - COVID-19 series. An expert webinar series to provide support and guidance for physicians.

Vac

Vaccine Resource Page

Given the importance of the COVID-19 vaccine roll out, Doctors of BC has developed a vaccine information hub link on our COVID -19

Resource page. There's a section for doctors who want to know more about receiving the vaccine and giving the vaccine, and for patients who have questions about the vaccine.

The information is updated regularly. If you have questions, please send them to covid19@doctorsofbc.ca



New to Interior Health?

IH has compiled a video for new / prospective medical staff. Click or tap

on this link to view this great and informative video!



Check Out These Virtual Sessions:

COVID-19 Vaccine Research in BC and Beyond

Date: March 15, 2021

Time: 12:00pm to 1:00pm PT

Presenter: Dr. Manish Sadarangani BM BCh FRCPD DPhil

<u>Click here</u> for more information. To register, email <u>research@interiorhealth.ca</u>.

Building Physician Trust, Alignment and Engagement

Date: March 18, 2021 Time: 1:00pm PT

To register: click or tap here.

The first session is a 60-minute event entitled, "Building Physician Trust, Alignment &

Engagement" which will occur on **March 18**th, **2021 at 4 pm EST**. Our presenters will include Dr. Dan Smith and Dr. Jeff Morris, who bring more than 20 years of collective experience in supporting hospitals and medical groups in their ability to create great workplaces for physicians to practice and patients to receive care. Dr. Jeff Morris has worked in Canada! Join us in discussing outcomes of a highly engaged and aligned workday, engagement factors for physicians as well as 5 non-negotiables to help your organization bolder physician trust and engagement as well as realities of these focus areas during the pandemic.

Objectives for the session:

- 1. Summarize outcomes of the highly engaged workforce.
- 2. List key engagement factors for physicians.
- 3. Apply the 5 Physician Must-Haves in your organization to bolster physician trust and engagement.
- 4. Discuss the realities of these focus areas during the pandemic and future.

Medical Families: New Challenges, New Solutions for Thriving Through Crisis Times!

Date: March 23, 2021 Time: 4:00pm PT

To register: click or tap here.

The second session is a 60-minute event entitled, "Medical Families: New Challenges; New Solutions for Thriving through Crisis Times" with Wayne Sotile on March 23rd at 7 pm EST. This will be a one-time live event. More than ever before, contemporary medical professionals and their loved ones report that they feel under-appreciated by their communities and they report feeling caught between their commitment to family and their concerns about their patients, their colleagues and their own well-being. This session offers a much-needed balm to this malady. Join us to learn the coping challenges and solutions that come when your family patterns are turned upside-down. With compassion and humor, clinical psychologist Wayne Sotile shares practical insights from his more than 35 years of work as a consultant to medical organizations and a counselor to and student of thousands of medical families of all forms. Dr. Sotile conveys deep insights from his book The Medical Marriage (considered a classic publication in the field) and shares findings from numerous, peer-reviewed publications regarding contemporary medical families. Wayne has translated his lifetime of work with medical professionals and their families into a toolkit of practical, evidence-based strategies that distinguish those who manage to have it all: productive careers, medical group and medical community engagement and thriving personal/family lives.

Objectives for the session:

- 1. Discuss the relationship between a thriving medical family and career satisfaction and effectiveness for medical professionals.
- 2. Specify at least four distinguishing features of resilient medical families and medical groups gleaned from recent research.
- 3. Discuss at least 3 factors that differentiate the work/life challenges of male and female healthcare professionals.
- 4. Discuss keys to thriving second-half medical families
- 5. List four strategies for "divorce-proofing" any relationship suggested by prospective marital research
- 6. Discuss leadership lessons learned from medical marriage/family life

Rural Health Conference

Date: May 29-30, 2021

This dynamic and unique Rural Medicine conference highlights (click or tap here for the full schedule):

- Over 25 virtual lectures and workshops to choose from all geared towards rurally-based practitioners.
- Wellness opportunities, like yoga and stretching sessions, a mindfulness workshop, and more!
- Many opportunities to socialize and network with colleagues.

To register online: https://events.eply.com/RHC2021



Doctors of BC Advises Sessional Rate Adjustment

Retroactive to April 1, 2019, family and specialist physicians will be compensated at the same rate of \$158.97 rather than \$134.77 for GPs and \$158.97 for Specialists. Physicians who have been compensated through FEMS at the previous GP rate should, by now, have seen a 'top up' compensation based on the number of hours claimed.

Better. Together.



Medical Staff Lounge

The Medical Staff Lounge continues to be stocked and supported with beverages and snacks for those times when you need a quick bite to eat, to interact with colleagues or just to have a quiet moment during a busy day.

A new feature is a recycling bin for your juice and pop containers (no trash please).

Please continue to observe the safety protocols - hand sanitizers, sani-wipes and physical distancing. Please be safe, stay well.





Are You Working on a COVID-19 Planning Activity? Here's how to claim your sessionals.

Since the pandemic started, physicians have been working hard to actively plan and deliver patient care in their communities and facilities in order to successfully meet their patients' most pressing medical needs. As we move into the fall and winter, Doctors of BC recognized that new challenges will arise. In response to these evolving challenges,

Doctors of BC has been working and advocating on physicians' behalf, through the Joint Collaborative Committees and directly with the Ministry of Health, to provide necessary supports to enable physicians to continue to provide patients with quality care.

Here's what you need to know:

- Timeframe for active planning is October 19, 2020 to March 31, 2021.
- Log onto FEMS (https://fems.facilityengagement.ca) and access the activity "Fall/Winter 2020-21 COVID Planning KGH". In the 'comments' section, be sure to provide a brief explanation of the activity or meeting.
- Physicians' active participation in meetings and planning work initiated through the Medical Staff
 Association and/or the Health Authority that are directly related to supporting the management of the
 MoH's COVID-19 Health-Sector Plan are eligible.
- Payment will not be provided for passive attendance at meetings.
- Meetings must be about service delivery planning, re-design and implementation related to provision of patient care at a community, facility, regional and/or provincial level in response to COVID-19.
- The planning work is extraordinary, and goes beyond usual department, DOFP or MSA meetings planning for patient care in the outpatient physician office settings is not eligible.
- A maximum of 20 hours will be reimbursed at a rate (as per the Physician Master Agreement) of \$145.65 per hour for GPs and \$171.80 for Specialists.
- If the work is initiated by the Health Authority, the Chief of Staff or Dept. Head must submit your name to claims@interiorhealth.ca indicating you are eligible to claim sessionals.
- PLEASE NOTE: Doctors of BC will be providing payment in May or June of 2021.

Please direct any questions you may have to us at KGHPhysiciansSociety@gmail.com.



Funding Now Available for Departmental Meetings and Rounds

The KGH Physicians Society Working Group approved a new policy which will allow each Department to spend \$20.00 per Department member per fiscal year (ending March 31, 2021) for snacks for your Departmental meetings or M&M Rounds. For more information, click or tap here to access the policy. If you have any questions, please email us

at KGHPhysiciansSociety@gmail.com. This information has been sent to all Department heads.



Funding Now Available for Departmental Recruiting

The KGH Physicians Society Working Group approved a new policy which will assist each Department with costs associated with recruitment (sessional fees). Funding will be provided until the end of each fiscal year (March 31), dependent on funding, and a Facility Engagement application must be submitted to the KGHPS Working Group for review. For more information, click or tap here to access the policy or here for the application

form. If you have any questions, please email us at KGHPhysiciansSociety@gmail.com.

IH is able to provide assistance as well. The pertinent policies can be found by <u>clicking or tapping</u> here or please email <u>physicianrecruitment@interiorhealth.ca</u>. **Please note** that the first step is for the recruiter and Department Head to connect to develop the recruitment strategy and work together on recruitment efforts.



Do You Have a Facility Engagement Funding Proposal?

Do you have a Facility Engagement Activity you'd like to initiate? We'd love to hear from you. Click here for the online application form or here for more information about funding requirements which have just been updated.

If you have any questions, we're here to assist. Email us at KGHPhysiciansSociety@gmail.com.

Looking forward to hearing from you.



We Are Asking for Your Feedback!

We want to be sure we are providing up-to-date and pertinent information for our members. Please provide your input into our website content (www.KelownaPhysiciansSociety.ca) or our quarterly newsletters. Do you have an article you'd like to highlight or a story you'd like to share? Please email us at KGHPhysiciansSociety@gmail.com.

Thank you for your ongoing support!





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