

# Chronic Headache Patient Education Program

Physician Lead: *Dr. Caitlin Holtby*

## Goals

- Develop a one-hour headache education session focused on migraine patients.
- To more appropriately triage headache referrals
- Provide patients (and their family physicians) with tools to manage their headaches while awaiting a one-on-one appointment.

## Outcomes

- Reduced wait times for patients.
- Sharing a new delivery model
- Patients and their families will have a better understanding of migraines

**Budget approved: \$1,580**

KELOWNA GENERAL HOSPITAL

Physicians Society

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