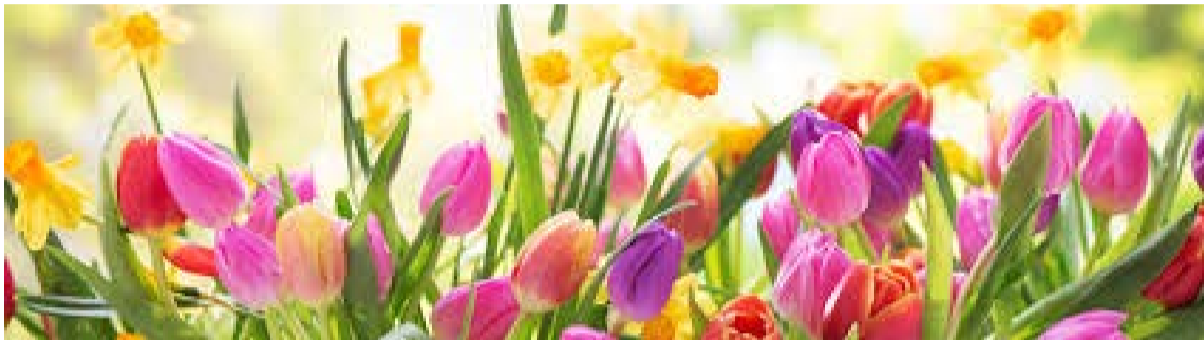


KELOWNA GENERAL HOSPITAL Physicians Society

Newsletter
Spring 2018
Issue 5



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[Message from Dr. Michael Humer, President, MSA and KGHPS](#)

KGHPS Board of Directors



On behalf of the KGH Physicians Society, I would like to bring you greetings as we welcome spring to the Okanagan. It has been a long winter and as the days grow longer I am sure everyone is ready to enjoy the warmth and sunshine.

The hospital's Facility Engagement initiative continues to be active with more and more physicians getting involved by participating in planning retreats or contributing their time to FE projects. In this Spring Newsletter, we take the opportunity to share with you again the importance of this initiative. In the words of Graham Lowe, PhD, "*Without fully engaged physicians, no health care organization will be able to achieve its vision of providing outstanding care.*"

As they are wrapping up, we are beginning to see the results from the early FE projects. These funded initiatives have brought physicians together and resulted in improvements in care. In this issue you will learn about the new primary care pathway for IBS developed by Dr. Sunny Singh and his team – an excellent example of engaged physicians making a difference.

On behalf of the Board of Directors I would like to thank Drs. Wayne Tonogai, Diagnostic Imaging, & Emily Budd, Pediatrics for their contribution to the KGHPS Working Group as they step down from their roles. In the early days of the Society, as inaugural members of our Working Group, they contributed to

the development of our strategy and direction. In turn I would like to welcome our newest members, Dr. James Reid, Emergency Medicine and Dr. David Manders, Diagnostic Imaging. All the members of our Working Group are to be acknowledged for their efforts in support of the hospital's FE initiative. Their advice and counsel guide our work on behalf of the medical staff at KGH.

The Society underwent its mid-term review by Doctors of BC in early March. A big thank you to Dr. John Falconer, Chair of the KGHPs Working Group who presented on behalf of the Society at the meeting convened in Vancouver. In addition to highlighting our FE projects and initiatives, the Society presented its draft working plan and budget for the coming year. Stay tuned and I will report back to you when we receive our final assessment. The results may be received in time for our Semi-Annual meeting on April 23rd.

We have a full Newsletter for you with updates on Interior Health's Physician Quality Improvement initiative, our new KGHPs website and information on the newly revitalized CME program, and more.

Again, on behalf of the KGHPs Board of Directors, thank you for the work you do each and every day in providing outstanding patient care to the individuals served by Kelowna General Hospital.

Dr. Michael Humer
President, MSA and KGH Physicians Society



What is Facility Engagement and Why Is It Important?

“Without fully engaged physicians, no health care organization will be able to achieve its vision of providing outstanding care.”

Graham Lowe, PhD

Let's start with the "Why." Enhanced physician engagement is central to the work of the Society - its Board of Directors, the Working Group and its members. Engagement is about bringing passion and commitment to one's work environment and being willing to invest your discretionary time. In the words of Graham Lowe, PhD, "Without fully engaged physicians, no health care organization will be able to achieve its vision of providing outstanding care."

With one and one-half years under its belt, the KGHPs has had a number of successes working in collaboration with the hospital leadership on Facility Engagement initiatives. Through the passion & commitment of its members there have been positive impacts on both patient care and the work environment.

FE is a provincial initiative that aims to strengthen working relationships between health authorities and facility-based physicians to improve their work environment and the delivery of patient care. It involves:

- Better opportunities for physicians and health authority leaders to work together to share knowledge and make informed decisions that can improve patient care, the physician experience and the cost-effectiveness of the healthcare system;

- Opportunities and support for physicians who work at facilities and are members of the medical staff to have a meaningful voice and increased involvement in local activities that affect their work and patient care;
- Funding (via the Specialist Services Committee, Doctors of BC) to support activities that involve physicians in decision-making and pay for physicians' time working on approved FE initiatives; and,
- Creation of a Physician Society to enable the flow of funds to activities of the medical staff and to hire expertise to support the Society and its work.

To see the FE projects that have been undertaken thus far, [click here](#). If you are interested in submitting a Facility Engagement project, [click here](#) for the online form.



[Revitalized CME Program](#) [Launched at KGH with](#) [Support of Society Funding](#)

As a result of the Facility Engagement Review looking at best practices in ongoing professional development for physicians,

and with the feedback from our membership survey in the Fall exploring elements of importance in ongoing continuing medical education, the Society, with support from the Site Leadership, has launched a revitalized CME program. *“Ongoing professional development is the cornerstone of quality care”* says Dr. Devin Harris, KGH Chief of Staff, *“and we look forward to working with the Society to advance their work in this area.”*

Under the medical leadership of Dr. Glynn Jones, member of the KGH Physicians Society Working Group, and with administrative support from Helga Wendt, Administrative Assistant/Project Lead, the Society will undertake organizing three to four half-day educational sessions during this coming year starting in April.

The inaugural session on April 20th, 2018 is ***Pain: Towards a New Paradigm***. With a line up of four excellent speakers, the afternoon will cover a wide range of emerging topics in the field of pain management. For further details, including on-line registration, program information and speaker bios, [click here](#). The registration form can also be accessed by [clicking here](#).

The Society, working in collaboration with the Site Leadership, will be exploring other opportunities to support ongoing medical education at Kelowna General Hospital.

[Facility Engagement Funds Support Development of New IBS Primary Care Pathway](#)



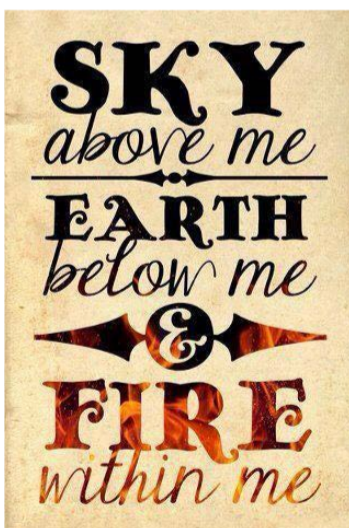
“We are proud of this tool and hope it serves to provide Primary Care Practitioners guidance, resources, and a tool on how to manage their IBS patients.”

**Dr. Sunny Singh,
Inflammatory Bowel Disease Specialist**

In response to the extensive wait times for GI consultation in Kelowna and the ever-growing waitlist, the Kelowna Gastroenterology Associates are constantly striving to see urgent consults in a timely manner. In order to facilitate this, they are in the midst of creating Primary Care Pathways for non-urgent consultations that may not require direct GI consultation as a tool for their Family Physician colleagues to use. To view the information, [click here](#).

Dr. Sundeep (Sunny) Singh, Division Head for Gastroenterology at KGH, was the Project Lead in the development of the Associate’s first clinical pathway. Supported by the Kelowna General Hospital Physicians Society and Facility Engagement funding, and in a collaborative approach with Family Physician input, the clinical pathway for Irritable Bowel Syndrome has been completed. Dr. Singh says, “We are proud of this tool and hope it serves to provide Primary Care Practitioners guidance, resources, and a tool on how to manage their IBS patients.”

This local clinical guideline for treatment of IBS is based on the best available clinical evidence and includes red flag triggers to assist in screening patients. This document will be disseminated through the offices of the Kelowna Gastroenterology Associates as referrals come in.



[Interior Health's Physician Quality Improvement Initiative Underway](#)

Physician Quality Improvement (PQI) is well underway and in the Central Okanagan we are busy shaping up about a dozen QI projects (both large and small) that Physicians are leading, for the PQI Steering Committee to consider.

For FY2018/19, PQI has capacity for twelve larger cohort-based projects and approximately 24 smaller unit-based projects, across ALL of Interior Health. For both levels, the PQI Steering Committee requires a 1 page signed compact (agreement) which articulates our shared commitment.

All projects require some basic training in QI Science, either IHI Open School (6 hrs funded) or a 1 Day PQI introduction (funded).

Important Dates:

- **April 13:** 1-Day Education event Kelowna – register pqi@interiorhealth.ca ([click here](#) for details)
- **May 13:** Deadline to submit Cohort #1 applications for PQI SC for review ([click here](#) for details)
- **May 28:** PQI Steering Committee meeting to discuss, review and select Cohort participants (12)

With limited capacity and lots of interest, the time is now to contact pqi@interiorhealth.ca

Wrae Hill, MSc RRT FCSRT
Physician Quality Consultant

[We Want Your Feedback!](#)

KELOWNA GENERAL HOSPITAL
Physicians Society

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Earlier this year, the Kelowna General Hospital Physicians Society launched its new website. Designed as a go-to place, rich with information on the Society's activity, the Board's aim was to enhance communication with its members. Recognizing that communication is at the heart of engagement, the Board would like to know if this new website is meeting your needs.


The website introduces the executive members of the Board of Directors as well as the members of the KGHPS Working Group and support staff. It also highlights all the approved Facility Engagement projects and includes an electronic application form to apply for Facility Engagement funding. In addition, the site includes background information on the guidelines that support the Society's decision making and back issues of the KGHPS Newsletters.

Under development is the new section on CME. The Society will be featuring upcoming CME events with on-line registration and hopes to create a calendar reflecting the broader offering of

continuing education at the hospital.

Let us know how we are doing? Explore the KGHPS website at

www.kelownaphysiciansociety.ca and send us a message through the Contact button at the bottom of the home page, telling us what you like about the site and how we can improve it. For your time and input, the Society will be offering a draw prize to its members, who respond, for an iPad Pro and pencil. The winner will be announced at the April 23rd KGH Physicians Society Semi-Annual General Meeting.

A promotional banner for a CME event. The top left features a purple box with the text "Registration NOW OPEN! DON'T MISS OUT ON EARLY BIRD SAVINGS REGISTER TODAY". To the right, it says "KELOWNA GENERAL HOSPITAL PHYSICIANS SOCIETY INVITES YOU TO ATTEND A HALF-DAY CME EVENT" next to an image of a stethoscope. The main body of the banner is blue with white text: "PAIN: TOWARDS A NEW PARADIGM* FRIDAY, APRIL 20, 2018 COAST CAPRI HOTEL 1171 HARVEY AVENUE, KELOWNA, BC 12:00 HRS. TO 17:15 HRS."

[Click here](#) to register for the April 20th CME Session: ***Pain - Towards a New Paradigm***, or for full details visit our

website by [clicking here](#). **Early-bird deadline is approaching!** This Group Learning program has been certified by the College of Family Physicians of Canada and the British Columbia Chapter for up to 4 Mainpro+ credits.



Save the Date for the upcoming Medical Staff Association and KGH Physicians Society Semi-Annual Meetings - Monday, April 23, 2018. [Click here](#) for more info.

The fiscal year-end is fast approaching. Be sure to submit your sessional claims via FEMS to be compensated for your FE work and contribution. If you have not registered yet there is still time. Follow the easy instruction by following [this link](#) or by [clicking here](#).



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Welcome to the KGH Physicians Society Newsletter. We will be providing relevant and engaging content on a regular basis.

www.kelownaphysiciansociety.ca

Our mailing address is:

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