

Enhancing the Physician Work Environment: Exercise Room

Physician Leads: *Dr. Frank Halperin*

Goal

- To enhance the opportunity for physician health & wellness at KGH
- Engage a team of physicians to work together with administration to assess the feasibility of establishing an on-site fitness centre to support physician wellness
- Select & purchase exercise equipment

Budget approved: \$12,000

Objectives:

The objectives of this proposal are to:

- *assess the feasibility of establishing an on-site fitness centre, and*
- *develop a plan with options for implementation.*